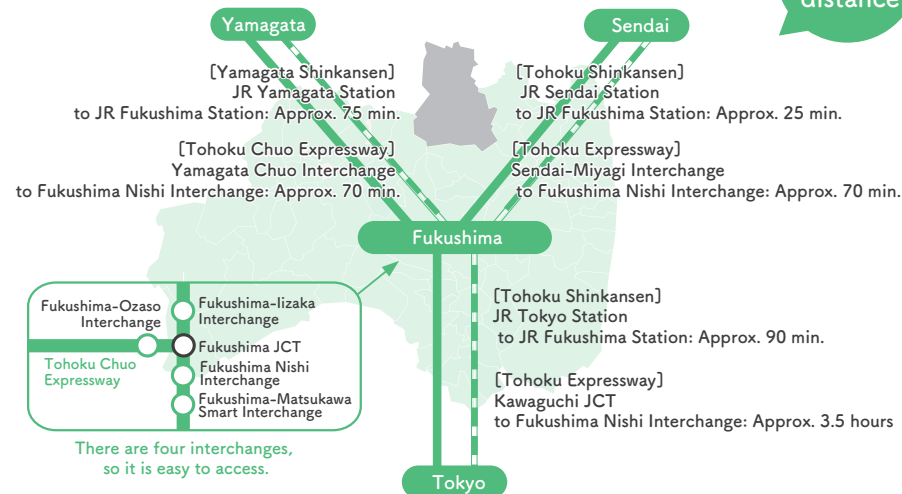


## Access to Fukushima City

### Airport

Osaka International Airport (Itami) to Fukushima Airport: Approx. 70 min. by air.  
 New Chitose Airport to Fukushima Airport: Approx. 90 min. by air.  
 Fukushima Airport to Fukushima Station: Approx. 80 min. by car.  
 Sendai Airport to Fukushima Station: Approx. 60 min. by train.

Just  
the right  
distance



## Rent-a-car shops around JR Fukushima Station

|           |                                                                         |                                 |                |
|-----------|-------------------------------------------------------------------------|---------------------------------|----------------|
| East exit | Guts Rent-A-Car Fukushima Ekimae                                        | 1-10 Tenjin-cho, Fukushima-shi  | ☎ 024-597-8988 |
| West exit | TOYOTA Rent a Car Shin-Fukushima<br>Fukushima Sta. Shinkansen Ext. Shop | 13-79 Ota-machi, Fukushima-shi  | ☎ 024-531-0100 |
| East exit | TOYOTA Rent a Car Fukushima Station Shop                                | 2-31 Sakae-machi, Fukushima-shi | ☎ 024-524-0100 |
| East exit | Nissan Rental Car Fukushima Station                                     | 5-4 Jinbacho, Fukushima-shi     | ☎ 024-535-7223 |

## Tourist information is available here.

**Fukushima City  
Tourist Information Center**  
 (JR Fukushima Station West Exit)

TEL : 024-531-6428

Opening hours: 9:00 to 18:00  
 (open all year round)

Recommended model courses  
are also listed.

[www.f-kankou.jp/](http://www.f-kankou.jp/)

Fukushima City Guide



Also check out  
Instagram  
and Facebook



fukushima\_tourism



Fukushima City Guide

○Publisher/ Fukushima city office Tourism and Exchange Promotion Office Date of issue/ January 2025  
 "FY 2024 Grants for Regional Development of Specific Nuclear Facilities in Fukushima"

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# FUKUSHIMA STAY

## Fukushima City Guide Book

# Fukushima City Wide-Area Map



## You can play

Fruit picking, nature activities and encounters with the unknown.  
There's just the right kind of play for your mood.  
Enjoy Fukushima freely while fulfilling your curiosity.



For details,  
please scan  
the QR code.



### Bandai-Asahi National Park Jododaira

Jododaira is located in the middle of the Bandai-Azuma Skyline, which is called the Arizona of Japan, at an altitude of 1,600 meters.  
You can drive to Mt. Azuma-Kofuji and Jododaira Marsh, so you can drop in whenever you want to feel nature, as well as go hiking and trekking.

### Bandai-Azuma Skyline

A 29 km mountain sightseeing road that connects Takayu Onsen and Tsuchiyu Onsen. There are also eight scenic viewpoints scattered along the road, known as the "Azuma Eight Views." We recommend going for a drive or touring while enjoying the spectacular views of the four seasons.



#### Jododaira Visitor Center

Located at the entrance to hiking and mountain climbing in the Jododaira area, the center introduces the nature of Mt. Azuma through models, panel photos, etc.



#### Jododaira Rest House

This is a facility where you can buy light meals and souvenirs and use the toilet. It is a good idea to stop here before setting off on your walk.

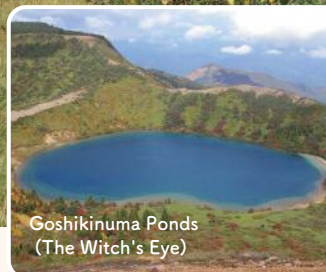


#### Jododaira Astronomical Observatory

This is the highest observatory in Japan that is open to the public.



Information  
on Jododaira



Goshikinuma Ponds  
(The Witch's Eye)

### Trekking Course

#### Jododaira-Mt. Issaikyo Course

Start from the Jododaira car park. Walk through the Jododaira Marsh, where a boardwalk has been laid, and then take the steep slope to the Sugadaira Refuge Hut. If you take the fork in the road towards Mt. Issaikyo, you will reach the summit of Mt. Issaikyo about an hour and a half after setting off.

#### Jododaira-Kamanuma Course

From the Jododaira car park to the fork in the road, the route is the same as the Mt. Issaikyo Course. If you take the fork in the road towards Kamanuma, you will reach Kamanuma, where you can see the reflection of Mt. Higashiazumayama in the water. If you continue, you will reach Ubagahara, a plateau-like grassland to the south of Kamanuma. You can observe a variety of alpine plants here.



#### Mt. Azuma-Kofuji

If you walk up the steps from Jododaira for about 10 minutes, you will reach the large crater wall. You can walk around the crater in about an hour and enjoy the magnificent natural surroundings.

### Mt. Azuma Trekking

It takes about 90 minutes from Jododaira to the summit of Mt. Issaikyo. From the summit, you can see a cobalt-blue lake called "Majo no Hitomi" (The Witch's Eye).



#### Azuma Goyomatsu

It grows wild on Mt. Azuma, and its most distinctive feature is its root growth. The Azuma Goyomatsu in Fukushima City is the only "Japanese white pine" that grows in such harsh conditions that its shape is crushed by the weight of snow and its roots are exposed by wind and rain. This is why it is said that "Mt. Azuma is the model for bonsai."



## 〔 Fruit Picking 〕

Starting with cherries in early summer, then peaches in summer, and pears, grapes and apples in autumn and winter. You can enjoy picking seasonal fruit at tourist fruit farms.

Learn more about fruit picking



## Fruit Calendar

| Jan        | Feb | Mar | Apr | May    | Jun | Jul   | Aug   | Sep | Oct | Nov | Dec        |
|------------|-----|-----|-----|--------|-----|-------|-------|-----|-----|-----|------------|
|            |     |     |     | Cherry |     |       |       |     |     |     |            |
|            |     |     |     |        |     | Peach |       |     |     |     |            |
|            |     |     |     |        |     |       | Pear  |     |     |     |            |
|            |     |     |     |        |     | Grape |       |     |     |     |            |
|            |     |     |     |        |     |       | Apple |     |     |     |            |
| Strawberry |     |     |     |        |     |       |       |     |     |     | Strawberry |



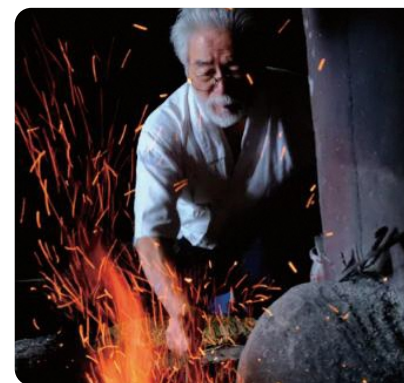
Image provided by Fukushima Waraji Festival Executive Committee

## Fukushima Waraji Festival

This is a summer festival that represents Fukushima City, held in early August. It originated from the "Shinobu-Sanzan Akatsuki-Mairi" ritual, in which large straw sandals are dedicated to a shrine. From the paid viewing seats, you can feel the powerful rotation of the large straw sandals up close.



Fukushima Waraji Festival Official Website



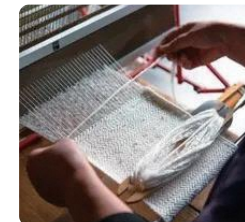
## Sword Smithing Experience Masahira Tantojo

You can watch the making of Japanese swords and experience smithing, etc.



## Kokeshi Doll Painting Experience Yumebutai

You can try painting one of Japan's three most traditional kokeshi dolls, the "Tsuchiyu Kokeshi dolls."



## Weaving Experience Aterier Kobo Oriwori

You can experience spinning and weaving at the workshop in Iizaka Onsen.

## UFO Fureaikan

An exhibition hall located at the foot of Senganmori, where UFO sightings have been reported since ancient times. In recent years, the International UFO Lab has been established here. You can also experience VR, which gets to the bottom of the mystery of UFOs.



## You can eat

There are farm cafes where you can enjoy fresh fruit, stylish cafes where you can relax, and local soul food. They are perfect for a small snack or a meal on a special occasion. Taste the food of Fukushima, blessed with rich nature.



Check out  
the video too.



### Fruit Sweets

Fukushima City is a popular place for fruit cultivation, taking advantage of the climate and natural features of the basin. The Fruit Line (Prefectural Road No. 5) and the Peach Line (National Road No. 13) are lined with orchards and direct-sales stores. Why not try some seasonal fruit at a farm cafe?

### Farm Cafe

Fukushima City has a variety of sweets, including parfaits, shaved ice, fruit daifuku (mochi rice cakes stuffed with fruit), and apple candy, all made with plenty of fresh fruit from the local area. Many shops change the fruit topping with the seasons, so you can enjoy cherries, peaches, pears, grapes, apples, strawberries, and more.



## Introducing delicious Fukushima cuisine



### Enban Gyoza



Hitachi

The shape  
and size vary  
from restaurant  
to restaurant.



Yamame

Enban gyoza is made by arranging gyoza in a pan in a circular pattern and then grilling them, before serving them on a plate. After the war, a woman who had been repatriated from Manchuria laid out the local specialty of steamed gyoza in a pan and grilled them in a circular pattern. They are also healthy, with lots of vegetables.

## Noodles



### Ramen

There are many ramen restaurants in Fukushima City. There is a wide variety of delicious ramen with unique flavors, such as thick pork-based ramen, light soy sauce ramen, miso ramen, and chicken ramen.

### Soba Noodles

Fukushima Prefecture has a large area under cultivation and is one of the leading buckwheat-producing regions in Japan. There are also many artisans with high buckwheat-making skills, and you can enjoy soba noodles with tempura or wild vegetables that change with the seasons at many restaurants.



## Azuma Sanroku Fukusake Kaido

The Azuma Sanroku area has the "nature, agriculture, and water" that are essential for sake brewing. Taste diverse types of sake brewed by five sake brewers who were attracted to this area.

### Fukushima's Sake



#### Michinoku Fukushima Beer Peach Lager

A family-run craft brewery. Each barrel is hand-brewed. The popular fruit beer uses peaches and apples from Fukushima Prefecture.



#### Winery Azuma Sanroku Merlot

A winery located in a place where you can see the whole of Fukushima City with Mt. Azuma Kofuji in the background. They use the grapes that grow in this area and the fruit trees that are a specialty of Fukushima to deliver the deliciousness of Fukushima.



#### Yellow Beer Works Craft Beer

A small brewery run by a rice farmer. They grow barley, hops, rice, vegetables, etc. and use them as part of their ingredients.



#### ORARA Sake Bar Jyunjogura ORARA Doburoku

A sake brewery that was opened with the aim of creating a lively atmosphere in the onsen resort. They make Doburoku using their own "Yumenoka" rice and cider made from apples grown in Fukushima City.



#### Kinsuisho Shiki-no Kura Kinsuisho Junmai Daiginjo

This is the only sake brewery in Fukushima City. The junmai sake, which is carefully brewed using the pure water of the clear Arakawa River in Fukushima City, is loved by the locals.



## You can buy



#### Imokuri Sataro

A Japanese-style sweet-potato cake made with lots of sweet potatoes and chestnuts.



#### Peach Juice

Juice made with delicious peaches is also popular as a souvenir. There are various types of packaging.



#### Ikaninjin (squid and carrot)

A local dish from the Fukushima region made by pickling dried squid and carrots. Perfect as a side dish with rice.



#### Radium Eggs

Hot-spring eggs, which are made using the hot spring source of the Iizaka Onsen. The cute packaging varies from store to store.



#### Shimiten

A Japanese sweet made by wrapping "frozen rice cakes," a local food from Fukushima, in dough and deep-frying them.



#### Fukushima Sweets Premium

Sweets made using Fukushima City-produced agricultural products are certified after undergoing a strict screening process. There are currently 36 products.

## Fukushima Product Promotion Center

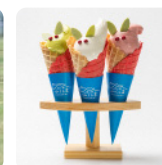
A product promotion center where you can find all kinds of Fukushima souvenirs. The lounge is also well-equipped, with soft-serve ice cream and a range of local sake to try. 3 minutes' walk from JR Fukushima Station West Exit.



Fukushima  
Product Promotion  
Center

## Michi-no-Eki Fukushima (Roadside Station)

Taking advantage of its location along the Fruit Line, this station sells local seasonal produce and specialty products, including fruits. There is also a bicycle rental service, a dog run, and an indoor children's play area.



Michi-no-Eki  
Fukushima  
Official Website  
(Japanese)

## You can be healed

The timing of a visit to Fukushima is perfect no matter when you visit, as there are "Fukushima's three famous hot springs," each with its own unique characteristics, starting with the cherry blossoms in full bloom, the fresh greenery, the deep autumn leaves, and the snowy scenery. Refresh your mind and body.

Each of the "Fukushima's three famous hot springs" has a different hot spring atmosphere and spring quality.

There are eight public bathhouses where you can enjoy visiting different baths.



Iizaka Onsen

Iizaka Onsen is attractive for its historic streetscape. There are local gourmet foods such as Enban Gyoza nearby, and there are also tourist orchards dotted around the area.

### Iizaka Onsen Tourism Association

add 3 Totsunacho, Iizaka-machi, Fukushima-shi



You can also enjoy footbaths at the Kyu Horikiri-tei. In summer, wind chimes are hung, creating a nostalgic atmosphere.



Iizaka Onsen  
Official Website

There is more than just the hot springs! How to enjoy Iizaka Onsen



A townscape that gives you a sense of history



Gourmet food such as Enban Gyoza and Radium Eggs



## Tsuchiyu Onsen and Tsuchiyu-toge Onsen Resort

Tsuchiyu Onsen is a hot spring resort located within the Bandai-Asahi National Park. It has an abundant supply of hot spring water and multiple types of spring water. The town is lined with unique shops such as shrimp fishing, natto labs, and breweries.

### Tsuchiyu Onsen Tourism Association

add 22-1 Shitanomachi, Tsuchiyuonsen-machi, Fukushima-shi

Tsuchiyu Onsen  
Official Website



The town is full of unique shops.

There is more than just the hot springs!  
How to enjoy Tsuchiyu Onsen



Kakeshi doll painting experience



Footbath tour



Tsuchiyu Onsen, nestled in the rich natural surroundings, is full of atmosphere.

## Takayu Onsen

Takayu Onsen is a quiet hot spring resort that retains the atmosphere of a traditional hot spring health resort. The cloudy hot spring water is provided as "100% natural hot spring water" without adding water to any of the hot springs.

### Takayu Onsen Tourism Association

add 25 Takayu, Machiniwasaka, Fukushima-shi



Takayu Onsen  
Official Website

Relax and be healed by the hot spring water flowing directly from the source.

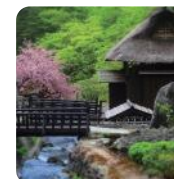


There is more than just the hot springs!  
How to enjoy Takayu Onsen



Excellent access to the Skyline

The hot spring water of Takayu is highly effective and has been used for therapeutic hot spring treatment since ancient times.



Tsuchiyu Onsen and Takayu Onsen, which are located in the Bandai-Asahi National Park, were the first in Tohoku to be certified as zero-carbon parks in August 2023, and they are working to create sustainable tourist destinations.

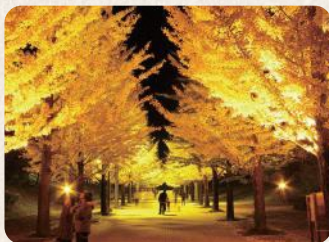
## [ Hanamiyama ]

This is a famous flower-viewing spot in Fukushima, known as "Utopia." About 70 different kinds of flowers, including cherry blossoms, Japanese apricots, golden bells, magnolias, and peach blossoms, bloom beautifully here. There are many flower and tree farms in the area around Hanamiyama, and the scenery of the flower fields in the surrounding area is spectacular. [Best time to see the flowers] late March to late April



### Shinobuyama Park

You can overlook the city from the observation deck. There are also stalls during the cherry blossom season. [Best time to see the flowers] mid-April



### Azuma Sports Park

With its cherry blossom-lined avenues, rose garden, and ginkgo-lined avenues, you can enjoy walking and taking photos here all year round. [Best time to see the flowers] late March to early November



### Shiki no Sato (Village of Four Seasons)

An agricultural park where you can enjoy the scenery of each season. You can enjoy seasonal events and kokeshi doll painting experiences. [Best time to see the flowers] early April to late October



For other flower spots,  
please scan the QR code.

It's also nice to be healed by culture, history, and art.



### Fukushima Prefectural Museum of Art

An art museum located at the foot of Mt. Shinobu. The museum has a collection of over 3,800 works of art. The vast garden is beautiful with the fresh green of early summer, and it is also recommended for strolling and picnics.



### Koseki Yuji Memorial Hall

A memorial hall for the composer Yuji Koseki, who created many popular songs and cheering songs. Relax as you look out at the tree-lined street through the large glass windows and listen to the Koseki melodies.



### Jorakuen

A Japanese garden created by a gardener who worked on Kinkakuji Temple. In spring, cherry blossoms bloom, and in summer, irises bloom in full glory.



### Fukushima City Minka-en

The houses built mainly in the 1800s have been relocated and restored. There are also displays of everyday items, giving visitors a glimpse of life in those days.

Let's go to a spiritual hot spot!



### Mochizuri Kannon

A temple with a long history. In autumn, the hundreds of maple trees in the precincts turn red, creating a beautiful "yukamomiji" (maple leave colors reflected on the floor).



### Fukushima Inari Shrine

A shrine that can be reached on foot from Fukushima Station. It also has a "peach charm" that wards off evil and brings fertility and beauty.