

11-2 When your child is born

Procedures at the City Hall

Within 14 days



Procedures at the Regional Immigration Bureau

Within 30 days

Report to your Embassy or Consulate

Differs by country

1 Procedures at the City Hall

Where	What	What to bring
General Counter  City Hall 1F  024-525-3732	<input type="checkbox"/> Submit a notification of birth <input type="checkbox"/> Submit a 'Konnichiha Akachan' home visit card <input type="checkbox"/> Apply for the lump-sum allowance for childbirth* <input type="checkbox"/> Enroll in national health insurance* <input type="checkbox"/> Obtain a certificate of submittal	<input type="checkbox"/> Residence cards of the mother and father <input type="checkbox"/> Mother & Child Health Booklet <input type="checkbox"/> A Birth Certificate with proof of birth written on it (received at the hospital)

*procedure required if the parents are entered into national health insurance.



Fukushima City Home Page > Child Rearing & Education > Pregnancy & Childbirth > Childbirth

Upon completing the procedures...

① You will be eligible for a 'Konnichiha Akachan Visit'

A midwife, nurse, or a member of the 'Konnichiha Akachan Support Group' will come to your house, and share with you information regarding child rearing.



② You will be given a 'Sukoyaka Booklet' (Free)

A set that includes 'Infant & Toddlers Health Checks [Look up baby's size and health condition]', and information on how to get vaccinations as well as examination slips.



Fukushima City Home Page > Child Rearing & Education > Pregnancy & Childbirth > Mother & Child Health

Child Medical Costs Assistance support for the medical costs of children from 0-18yrs.

Child Allowance From 5,000yen – 15,000 paid each month to those raising children who have not yet completed Junior High School.



Fukushima City Home Page > Child Rearing & Education > Child Rearing > Child Health Costs Assistance OR Child Allowance

11-1 If You Become Pregnant

When you find out you're pregnant, please submit a notification to the City Hall.

Where	What
Children & Household Division Mother & Child Health Section Health & Welfare Center 2F 024-525-7671	Submit a pregnancy notification Apply for a supplementary foreign language mother and child health book



[Fukushima City Home Page](#) > Child Rearing & Education > Pregnancy & Childbirth > Pregnancy

Upon completing the procedures...

- ① You will be given a 'Mother and Child Health Notebook' (母子健康手帳 boshi kenko techo)

Records from during the mother's pregnancy and the child's health condition are recorded in this book.

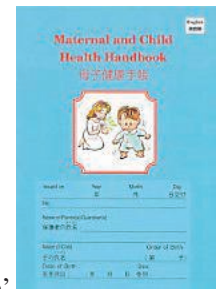
Please take it with you when visiting a hospital.



- ② You will be given a 'Foreign Language / Japanese Language Supplementary Mother and Child Health Notebook'

You can also receive a mother and child notebook written in both Japanese and a foreign language for free.

Please take it along with ① when visiting a hospital or clinic.



- ③ You will receive an 'Expecting Mother Medical Examination Slip & New Infant Auditory Test Slip'

When you are pregnant, please regularly attend health checks. This booklet is required for receiving assistance to cover the costs of medical examinations.

[Fukushima City Home Page](#) > Child Rearing & Education > Pregnancy & Childbirth > Pregnancy



- ④ You can consult a public health nurse or midwife (Free)





11-4 Elementary & Junior High Schools



Children who are registered as residents of Fukushima City, can enroll in Elementary School from the April following their 6th birthday.

① When enrolling in school

Where	What	What to bring
Fukushima City Board of Education  City Hall 8F  024-525-3782	Submit an Enrolment Application Form Request Japanese Learning Assistance (if required)	<input type="checkbox"/> Residence Card <input type="checkbox"/> Residence Registration Certificate (pg. 9) <input type="checkbox"/> Enrolment Application Form



② When transferring schools from within Japan

Where	What	What to bring
Fukushima City Board of Education	Submit a School Transfer Notice Request Japanese Language Assistance (if required)	<input type="checkbox"/> Residence Card <input type="checkbox"/> Residence Registration Certificate <input type="checkbox"/> Attendance Certificate from previous school <input type="checkbox"/> School Transfer Notice (received from the Citizens Division when registering your residence)

Fukushima City Municipal Elementary and Junior High Schools:

- Your child's school will be determined by your address
- There is no fee for classes (there is a cost for textbooks)
- School lunch is provided



Children eat school lunch (給食 kyushoku) during lunch break. The fee for school lunch is paid every month.

- A Japanese language supporter can be dispatched.

Specialist supporters that teach the Japanese language required in the school environment.


If you wish to apply, please make this known when completing enrolment procedures.



For more information...  Fukushima City Home Page > Child Rearing & Education > School > Elementary & Junior High School

② Applications to Enroll

Procedures differ by type of facility.

Facility types	When	Where	What to bring	What
Nurseries *	The month in which you would like to enroll. On the 5 th of the month prior	Kindergarten & Preschool Division	<input type="checkbox"/> Residence card	Enrolment Application Fee Dispensation Procedures
Crèches *			<input type="checkbox"/> Documents that show income for all family members for the current year and the year prior	
Preschools (Nursery) *			 Translated into English or Japanese	
Municipal Kindergartens	<input type="checkbox"/> Vaccination records for the child you wish to enroll			
	<input type="checkbox"/> Documents that show the careers 'My Number'			
Preschools (Kindergarten)	Differs for each facility.	Each Facility	<input type="checkbox"/> Enrollment Application Form	
Private Kindergartens			<input type="checkbox"/> Recognition/Alteration of Payment for Utilization of Childcare Facilities.	

* Documentation that certifies your qualification for use are required to enroll in Childcare Facilities.







For more information



Fukushima City Home Page > Child Rearing & Education > Child Rearing > Nurseries & After-School Childcare Club > Childcare Facility Guide

③ Out-of-hours Childcare

Children can also be supervised outside of normal childcare hours. Please apply to /enquire with each facility.

Extended Childcare	Supervision of children until a later time than normal.
Supervision Nursery	Supervision of children before and after the education hours of kindergartens or preschools, and on days when other facilities are closed.
Temporary Care *	Supervision of children in the cases of work, sickness, or if the career requires a break. Up to 12 times a month.
Holiday Childcare	Provide childcare on Sundays and Public holidays. "Sakuranbo Hoikuen Nursery"  Noda-machi 5-chome  024-597-6301
	Temporary childcare on Sundays and public holidays. "Kids Garden Nagomi"  Taiheiji-aza, Machinouchi 30  024-573-0222
Childcare for sick children *	Childcare for children who cannot be cared for at home as a result of sickness. For children from 6 months up until school-aged children.
	"Mirai • Yume Hoikuen Nursery"  Kamata-aza Oroshimachi 12-3  024-563-7716
Childcare for recovering children *	Childcare for children who cannot be cared for at home due to being in recovery from an illness. Aimed at children aged 6 months to up until school-aged children.
	"Mirai • Yume Hoikuen Nursery", "Kids Garden Nagmoi "

* require prior registration

2 Processes at the Regional Immigration Bureau

Complete procedures to obtain a status of residency within 30 days of the child's birth.

Procedures are not required if the child will leave Japan within 60 days of being born.



Ministry of Justice Home Page: <http://www.moj.go.jp/ONLINE/IMMIGRATION/16-10.html>



If you have any concerns, please enquire at the 'Foreign Residents One-Stop Counter' (pg.4).

3 Procedures at your Embassy or Consulate

Report the birth of your child to your country.

Due dates and required documents etc. differ for each country.

Please enquire with your country's embassy or consulate in Japan.

11-3 Kindergartens & Preschools



① Facility Types

Nursery Facilities etc.	Target Age	Time		Enquiries
Nurseries	0 - 5	Until Evening	Offer care for children if it is determined that it is difficult for them to be cared for at home as a result of pregnancy or work etc.	Kindergarten & Preschool Division Health & Welfare Center 2F 024-525-3750
Crèches	0 - 2			
Preschools (Nursery)	0 - 5			
Preschools (Kindergarten)	3 - 5	Until just after lunch	Carry out education to prepare children for entering Elementary School.	Each Facility
Kindergartens	3 - 5	Until around 13:00 – 14:00		

~ Childcare Facilities are also separated into these categories (Nursery/Preschool) ~

● Registered Childcare Facility

A facility that meets national standards for worker numbers etc.
Cost is determined by careers income so all facilities are the same.

● Non-Registered Childcare Facility

Facilities that have not received certification from the prefecture. Costs, facilities, and management is different for each facility. Please enquire directly with each facility.